



AHOI ASHTAMI VRAT || क्यों रखा जाता है अहोई अष्टमी का व्रत ||

Ahoi Ashtami Vrat

In Hinduism, women observe many important fasts for the happiness and progress of their children. Many important fasts are observed in Hinduism like Santan Saptami, Chhath Puja and Ahoi Ashtami. The Ahoi Ashtami fast (Ashtami Vrat) falling in the month of Kartik is considered fruitful.

On this day, women observe fast (Ashtami Vrat), worship Lord Shankar-Parvati and pray for the bright future of their children and growth of the family.

Ahoi Ashtami 2023 Muhurat:

According to the Panchang, the Ashtami date will begin on Krishna Paksha Kartik month on November 5, 2023 at 12:59 pm and end on the next day i.e. November 6, 2023 at 3:18 am.

- Ahoi Ashtami Puja Muhurta – 05.33 pm – 06:52 pm (5 November 2023)
- Star viewing time – 05:58 PM (5 November 2023)
- Moonrise time - 12:02 a.m., November 6 (Ahoi Ashtami moon rises late)

The puja begins after the stars appear: On this day, women draw a picture of Ahoi Mata on the wall in the evening and also draw pictures of children named Sei and Sei around it. Some people also worship Ahoi Mata by drawing colorful pictures of Ahoi Mata on paper. Some women also make a silver Ahoi named Syau for worship, in which two silver beads are put for special worship.

After the stars appear, the worship of Ahoi Mata begins. Before the worship, the ground is cleaned,

the puja platform is prepared, a vessel is filled with water and placed on one corner of the platform like a Kalash

and then the worship is performed.

After this, the story of Ahoi Ashtami Vrat is heard.

The fast ends after Chandra Darshan: On the day of Ahoi Ashtami, mothers worship Ahoi Mata and observe a fast for the well-being of their children. Mothers worship Ahoi Mata with great enthusiasm and pray for the long life, good health and happy life of their children. The fast ends after the sighting and worship of the moon. This fast is considered special for those who are experiencing difficulty in having children.

It is also called Krishnashtami: This day is also called Krishna Ashtami. On this day many people come on pilgrimage to Radha Kund in Mathura. This fast is especially observed in North India. This fast is considered important in UP, Delhi, Haryana, Rajasthan and Madhya Pradesh.

Ahoi Ashtami Importance:

Ahoi Ashtami Vrat is observed three days after Karva Chauth. Just like Karva Chauth fast is observed for the long life of the husband, similarly Ashtami fast is observed for the long life and happy life of the children. On this day women observe Nirjala Vrat . It is believed that by observing fast on the day of Ahoi Ashtami and worshipping Ahoi Mata with rituals, Mother Parvati protects your children just like her sons. Along with this, this fast is also of special importance for getting a son.

Take special care of these rules on Ashtami Vrat:

1. Lord Ganesh must be worshipped on Ahoi Ashtami.
2. The fast of Ahoi Ashtami is broken after seeing the stars. After this, Ahoi Mata is worshipped.
3. It is considered auspicious to keep 7 grains in hand while listening to the story on this day. After the worship, these grains should be fed to the cow.
4. Children should also be made to sit with you while worshipping Ahoi Ashtami. After offering the food to the Goddess, the Prasad must be fed to the children.

Importance of bathing in Radha Kund on Ahoi Ashtami:

Bathing in Radha Kund on Ahoi Ashtami day has special importance. Those who have problems in conceiving,

take a dip in Radha Kund on this day to get the blessings of Shri Krishna's beloved Radha Rani. It is believed that this leads to the birth of a worthy child.

- Radha Kund Bathing Time – 5th November, 2023, 23:37 – 6th November, 2023, 12.39am

- Duration – 52 minutes

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