



DEV PRABODHINI EKADASHI || देव प्रबोधिनी एकादशी का महत्व ||

Dev Prabodhini Ekadashi

Auspicious and auspicious events start from the day of Dev Prabodhini Ekadashi and the marriage of Tulsi and Shaligram also takes place on this day. There are some things on this day that you need to pay attention to, otherwise you may have to face many problems. Let us know what to do and what not to do on Dev Prabodhini Ekadashi.

Dev Prabodhini Ekadashi has special significance in Hinduism because on this day Lord Narayana gives up Yog Nidra and takes responsibility of the creation. After this, Chaturmas ends and auspicious and auspicious events begin. Puranas say that by fasting on this Ekadashi, a person is freed from the bondage of life and death and attains Vaikuntha. Some special rules have been mentioned in the scriptures regarding Dev Prabodhini Ekadashi and by following these rules, your luck will increase and you will get good fortune in life. If these rules are ignored, then you may have to face many problems.

What to do on Dev Prabodhini Ekadashi?

- On the day of Dev Prabodhini Ekadashi, one should wake up in the Brahma Muhurta in the morning, take a bath and meditate, and take a vow to fast. One should also make donations in the name of ancestors on this day.
- Purify Lord Vishnu and perform Aarti, light a lamp of pure ghee. After this, recite Vishnu Sahasranama and also do bhajan kirtan of Shri Hari.
- Offer it to Lord Vishnu and also put sugarcane and water chestnut in it.

- On the day of Dev Prabodhini Ekadashi , keep a waterless fast, recite Kartik bhajans and make donations.
- On the day of Dev Prabodhini Ekadashi, serve cows and feed the poor and needy people.

What not to do on Dev Prabodhini Ekadashi

- Eating rice should be avoided during Dev Prabodhini Ekadashi. It is said that those who eat rice on Ekadashi will be born as reptiles in their next life.
- On Ekadashi, one should avoid arguments at home and outside and should not upset anyone even if one is at fault.
- Avoid consuming meat and alcohol on Ekadashi. You should also avoid eating tamasic food like garlic, onion etc. on this day. Even if you are not fasting, eat only satvik food on that day.
- Tulsi marriage takes place on the day of Dev Prabodhini Ekadashi, hence Tulsi leaves should not be plucked even by mistake on this day.
- One should not have negative thoughts about anyone on the day of Dev Prabodhini Ekadashi. You should also avoid eating cabbage, spinach etc.
- A person observing Ekadashi fast should not sleep on the bed. Apart from this, you should not cut your nails or hair even by mistake.
- Speak less on Ekadashi day and mentally chant the mantras of Lord Vishnu.

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