

GURU BRIHASPATI POOJA || बृहस्पति पूजा ||

Brihaspati Pooja

Brihaspati Dev is worshipped on Thursday. Brihaspati is considered the god of wealth, wisdom and education. Worshipping Brihaspati Dev fulfils all wishes and maintains peace and happiness in the family. It is believed that observing this fast is the best for an early marriage. Brihaspati Dev's worship and fasting are done with very strict rules. Let's know the method of Brihaspati Dev's worship and fasting story.

1. Method of fasting on Thursday

Thursday's worship should be done with rituals. On the day of the fast, one should get up in the morning and worship Brihaspati Dev (Brihaspati Pooja). Lord Brihaspati is worshipped by offering yellow items, yellow flowers, raisins, yellow sweets, yellow rice and turmeric. Banana trees are worshipped during this fast. During the story and worship, the person purifies his mind, deeds and speech and prays to Lord Brihaspati for the fulfillment of his desires.

Mix turmeric in water and offer it to the banana tree. Eat only once a day. Eat gram lentils and yellow food, do not eat salt, wear yellow clothes, use yellow fruits. After the service, it is necessary to listen to the story of Brihaspati Dev.

2. Light a ghee lamp on Thursday

Get up early on Thursday morning, take a bath and then start your day by worshiping the Sun God. After this, worship Lord Vishnu in the temple of your house and light a ghee lamp in front of him. And if you light this lamp with a wick of Kalava and add a little more saffron to it. Lord Vishnu will be pleased with you and will make you happy and wealthy.

3. Donate yellow fruits on Thursdays

It is said in the scriptures that donating fruits on Thursday strengthens the position of Jupiter in your horoscope. It is best to donate yellow fruits on Thursday. Banana and papaya fruits should be given to elderly people. So donate fruits to the poor. You can also distribute fruits to patients in the hospital. By doing this you will get many virtues.

4. Milk and saffron remedy on Thursday

To make your planetary position favorable, consuming saffron in any form on Thursday is considered very beneficial. Mix saffron in milk and drink it before going to bed on Thursday night. You can also make kheer from milk and saffron and first offer it to Lord Vishnu and then eat it with the whole family. This remedy increases love among the people in your house and makes you happy and prosperous.

Om Brim Brihaspateya Namah.

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