

# MEENA SANKRANTI || क्या है मीन संक्रांति जानिए इसका महत्त्व व तारीख ||

## Meena Sankranti

### Importance of Meena Sankranti

Today is the month of Sankranti. On this day the Sun is worshipped. On this day the Sun enters Pisces. According to Hindu scriptures, the Sun changes its zodiac sign every month. It changes from one zodiac sign to another. The day the Sun changes from one zodiac sign to another is called Sankranti. This day is very important in Hinduism. Giving donations on this day makes a person's life happy.

### Date

According to the Vedic calendar, Sun God enters Pisces on Thursday, March 14, 2024. Bathing and charity work are also done on this day. Let us tell you that the auspicious time for Pisces on the day of Sankranti is from 12:46 pm to 6:29 pm. At the same time, Mahapunya Kaal lasts from 12:46 to 14:46. The moment of Mahi Sankranti will be at 12:46 pm.

### Importance of Surya Puja

There is a tradition of worshipping the Sun God on the day of Meen Sankranti. According to religious beliefs, worshipping Lord Sun on the day of Meen Sankranti brings all kinds of success in life and brings happiness and prosperity. By worshipping the Sun God on this day, the planetary defects present in the horoscope also get removed and the person gets the blessings of the Sun. Worshipping the Sun God on the day of Meen Sankranti also gives blessings like wealth, prosperity and health and charity is given special importance on this day.

### how to do puja

- On the day of Meena Sankranti, the Sun God is worshiped, who removes negative elements from life and gives energy.

- On this day, wake up before sunrise and take a bath in the river or add Ganga water to your water at home.
- After bathing, fill water in a copper vessel and add sandalwood, rice and flowers to it and offer arghya to the Sun God. At this place, a copper or bronze plate is kept below to collect the water dedicated to the Sun. Apply the water on your forehead, heart and arms.
- Visit the temple, have darshan of the Lord and chant the mantra of Sun God. So recite Aditya Hridaya Stotra. This will reduce the negative effects of the Sun planet in your horoscope.  
Feeding or donating food to a cow on this day is also considered very auspicious.

## **Importance of donation on Meena Sankranti**

Donating special things on the special day of Meen Sankranti is considered very auspicious. Most people consider this day as a day to receive divine blessings. Meen Sankranti is considered a very auspicious day for charity. Donation is of utmost importance on Meen Sankranti. Hence, food, clothes etc. should be donated to Brahmins and the needy on this day. Donating land on Meen Sankranti increases happiness and prosperity. Malmas starts from the day of Meen Sankranti. Therefore, auspicious works like Namkaran, Vidya Aaram, Upanayan Sanskar, Vivah Sanskar, Griha Pravesh etc. are considered forbidden during Malmas. Hence, these auspicious works should not be done.

## **what not to do**

Whenever the Sun God travels in the zodiac sign of Jupiter (Sagittarius and Pisces) or there is a Sankranti in Sagittarius and Pisces, it is called Malmas. In such a situation, any kind of auspicious work is considered forbidden. Auspicious works like Namkaran, Vidya Aarambh, Karna Pidhan, Annaprashan, Upanayan Sanskar, Marriage Sanskar, Grihapravesh, Vastu Puja etc. are not done in Malmas. This means that all auspicious works will remain closed from March 14 to April 14.

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