



SHRI SURYA DEVA CHALISA || श्री सूर्य देव चालीसा ||

Shri Surya Deva Chalisa

|| Doha ||

**Kanak Badan Kundal Makar, Mukta Mala Angl
Padmasan Sthit Dhyai, Shankh Chakra Ke Sangl**

Meaning: The Complexion Of Lord Surya Is Like Gold, And He Wears Earrings In The Shape Of Makara (Crocodile) And A Necklace Of Pearls Adorns His Neck. We Should Meditate On Lord Surya Sitting In Padmasana Along With The Conch And Chakra.

|| Chaupai ||

Jay Savita Jay Jayati Divakar, Sahasranshu Saptashva Timirharl

Meaning: Hail To Savita, The One Who Brings The Morning, And Hail To Divakar, The One Who Provides Light. Hail To The Sun God Made Of Thousands Of Rays, Riding A Chariot Drawn By Seven Horses, Who Removes The Darkness.

**Bhanu! Patang! Marichi! Bhaskar! Savita! Hans Sunoor Vibhakarl
Vivaswan! Aditya! Vikartan, Martand Harirup Virochanl
Ambaramani! Khag! Ravi Kahlate, Ved Hiranyagarbh Kah Gatel**

Meaning: Lord Surya Is Known By Many Names: Bhanu, Patang, Marichi, Bhaskar, Savita, Hans, Vibhakar, Vivaswan, Aditya, Vikartan, Martand, One Form Of Lord Vishnu As Virochan (Son Of Devotee Prahlad), Ambaramani, Khag, And Ravi, While In The Vedas, He Is Referred To As Hiranyagarbha.

Sahasranshupradyotan, Kahi Kahi, Munigan Hot Prasann Modalahl

Meaning: With The Union Of Thousands Of Rays, Lord Surya Was Born, And By Saying This, All The Sages And Munis Rejoice Happily.

Arun Sadrish Sarathi Manohar, Hankat Hay Sata Chadhi Rath Par I

Meaning: The Charioteer Of Lord Surya's Chariot Is Arun Dev, Who Drives His Chariot Drawn By Seven Horses.

Mandal Ki Mahima Ati Nyari, Tej Rup Keri Balihari I

Meaning: Oh Sun God!! The Glory Of Your Halo Is Incomparable, And We Are All Pleased To See Your Radiance.

Uchchaihshrava Sadrish Hay Jote, Dekhi Purandar Lajjit Hote I

Meaning: There Is A Superior Horse Named Uchchaihshrava In Your Chariot, Which Emerged During The Churning Of The Ocean, And Seeing It Even Lord Indra Feels Ashamed.

Mitra 1. Marichi 2. Bhanu 3. Arun Bhaskar 4. Savita I

5. Surya 6. Ark 7. Khag 8. Kalihar Poosha 9. Ravi I

10. Aditya 11. Naam Lai, Hiranyagarbhay Namah 12. Kahikai I

Dwadash Naam Prem So Gavai, Mastak Barah Bar Navavai I

Char Padarath So Jan Pavai, Dukh Daridra Agh Punj Nasavai I

Meaning: Whoever Recites These Twelve Names Of The Sun God: Mitra, Marichi, Bhanu, Arun, Bhaskar, Savita, Surya, Ark, Khag, Ravi, Aditya, Hiranyagarbhay, With Devotion In The Month Of Paush And Bows Their Head Repeatedly, They Attain The Four Aims Of Life: Wealth, Power, Desire, And Salvation, And All Their Sorrows, Poverty, And Sins Are Destroyed.

Namaskar Ko Chamatkar Yah, Vidhi Harihar Kau Kripasaar Yah I

Meaning: The Greatest Miracle Of Performing Surya Namaskar Is That It Grants Us The Blessings Of Lord Vishnu.

Sevai Bhanu Tumhin Man Lai, Ashtasiddhi Navanidhi Tehin Pai I

Meaning: Whoever Meditates On The Sun God With Concentration Receives The Eight Siddhis (Supernatural Powers) And The Nine Nidhis (Treasures).

Barah Naam Uchcharan Karte, Sahas Janam Ke Patak Tarte I

Meaning: Whoever Recites These Twelve Names Of The Sun God Gets Their Thousands Of Lifetimes' Sins Destroyed.

Upakhyan Jo Karte Tavjan, Riphu So Jamalahate Sotahi Chan I

Chan Sut Jut Parivar Badhatu Hai, Prabalmoh Ko Fand Katatu Hai I

Meaning: Whoever Narrates Your Stories, You Liberate Them From Their Enemies. They Also Attain Wealth, Children, And Prosperity, And All Worldly Attachments Are Cut Off.

Ark Shish Ko Raksha Karte, Ravi Lalat Par Nitya Biharate I

Meaning: In The Form Of Ark, You Protect Our Head, And In The Form Of Ravi, You Always Wander On Our Forehead.

Surya Netra Par Nitya Virajat, Karn Des Par Dinkar Chhajat I

Meaning: In The Form Of Surya, You Reside In Our Eyes, And In The Form Of Dinkar, You Envelop Our Ears.

Bhanu Nasika Vaas Karahu Nit, Bhaskar Karat Sada Mukh Kau Hit I

Meaning: In The Form Of Bhanu, You Reside In Our Nose, And In The Form Of Bhaskar, You Always Work For The Benefit Of Our Mouth.

Oth Rahain Parjanya Hamare, Rasna Beech Tikshn Bas Pyare I

Meaning: In The Form Of Parjanya, You Reside On Our Lips, And In The Form Of Tikshn, You Reside On Our Tongue.

Kanth Suvarn Ret Ki Shobha, Tigmatejas: Kandhe Lobha I

Meaning: In The Form Of Suvarna Ret (Golden Sand), You Adorn Our Throat, And In The Form Of Tigmatejas (Sharp Radiance), You Adorn Our Shoulders.

Pooshan Bahu Mitra Peethahin Par, Tvashta-Varun Rahm Suushnakar I

Meaning: In The Form Of Pooshan, You Reside In Our Arms, And In The Form Of Mitra, You Reside On Our Back. In The Form Of Varun, You Increase Heat.

Yugal Hath Par Raksha Karan, Bhanuman Urasarman Suudarachan I

Meaning: In The Form Of Yugal, You Reside In Our Hands To Protect Us, And In The Form Of Bhanu, You Reside In Our Abdomen To Keep It Healthy.

Basat Nabhi Aditya Manohar, Kati Mah Hans, Rahat Man Mudbhar I

Meaning: In The Form Of Aditya, You Reside In Our Navel, Which Captivates The Mind, And In The Form Of Hans, You Reside In Our Waist, Filling The Mind With Joy.

Jangha Gopati, Savita Basa, Gupt Divakar Karat Hulasa I

Meaning: In The Form Of Gopati Savita, You Reside In Our Thighs, And In The Form Of Divakar, You Reside In Our Private Parts, Creating Joy.

Vivaswan Pad Ki Rakhwari, Bahar Baste Nit Tam Haari I

Meaning: In The Form Of Vivaswan, You Reside In Our Feet To Guard Them, And By Residing Outside, You Remove Darkness.

Sahasranshu, Sarvang Samharai, Raksha Kavach Vichitra Vichare I

Meaning: With Your Thousands Of Rays, You Protect Each Part Of Our Body, And Your Protective Shield Is Very Unique And Wonderful.

As Jojan Apne Man Mahin, Bhay Jag Beej Karuh Tehi Nahin I

Meaning: Whoever Meditates On Lord Surya In Their Mind, They Have No Fear Of Anything In This World.

Daridra Kushth Tehin Kabahun Na Vyapai, Jojan Yako Manmah Japai I

Meaning: Whoever Meditates On The Name Of The Sun God In Their Mind, They Are Never Affected By Poverty Or Skin Diseases.

Andhkar Jag Ka Jo Harta, Nav Prakash Se Anand Bharta I

Meaning: The Sun God Removes The Darkness Of The Entire World And Fills It With New Light, Bringing Joy.

Grah Gan Grasi Na Mitavat Jahi, Koti Bar Main Pranavau Tahi I

Meaning: You Remove The Ill Effects Of All The Planets, And I Bow To You A Million Times.

Mand Sadrish Sutjag Mein Jake, Dharmaraj Sam Adbhut Banke I

Meaning: Your Son Shani Dev Is The One Who Upholds Dharma In This World.

Dhanya-Dhanya Tum Dinmani Deva, Kiya Karat Surmuni Nar Seva I

Meaning: Oh Sun God!! You Are Blessed, You Are Blessed. You Serve All Humans, Sages, And Munis.

Bhakti Bhavayut Purn Niyamaso, Door Hatatso Bhavke Bhramaso I

Meaning: Whoever Worships The Sun God With Complete Devotion And Follows All The Rules, Their Doubts And Illusions Of The World Are Removed.

Param Dhanya So Nar Tandhari, Hain Prasann Jehi Par Tam Haari I

Meaning: Those Humans Who Meditate On You Are Truly Blessed. You Become Pleased With Them And Destroy The Darkness In Their Lives.

Arun Magh Mahin Surya Phalgun, Madh Vedangnaam Ravi Udayan I

Meaning: In The Month Of Magh, You Are Called Arun, In The Month Of Phalgun, You Are Known As Surya Dev, In The Mid-Day, You Are Vedang, And During Sunrise, You Are Called Ravi.

Bhanu Uday Vaisakh Ginavai, Jyesth Indra Ashadh Ravi Gavai I

Meaning: In The Month Of Vaisakh, You Rise As Bhanu, In The Month Of Jyesth, You Are Indra, And In The Month Of Ashadh, You Are Known As Ravi.

Yam Bhado Ashwin Himreta, Karthik Hot Divakar Neta I

Meaning: In The Month Of Bhado, You Are Known As Yam, In The Month Of Ashwin, You Are Himreta, And In The Month Of Karthik, You Are Known As Divakar.

Aghan Bhinn Vishnu Hain Pusahin, Purush Naam Ravi Hain Malmasahin I

Meaning: In The Month Of Aghan, You Are Known By Different Names, In The Month Of Poush, You Are Known As Vishnu, And In The Month Of Malmas, Your Name Is Ravi.

II Doha II

**Bhanu Chalisa Prem Yut, Gavahin Je Nar Nitya. Sukh Sampatti Lahaiv Vivid,
Honhi Sada Kritkritya I**

Meaning: Whoever Recites This Sun Chalisa With Love Every Day, They Attain Various Types Of Happiness And Prosperity, And All Their Tasks Are Successfully Completed.

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