



# NAG PANCHAMI 2024 || इस दिन की पूजा विधियाँ, तिथि और त्यौहार के दौरान प्राप्त होने वाले लाभ ||

## Nag Panchami 2024

### Significance of Nag Panchami:

Nag Panchami is a traditional Hindu festival dedicated to the snake deities, especially Lord Naga. In 2024, Nag Panchami will be celebrated on August 9. On this day devotees offer milk, flowers and prayers to the snake deities, seeking protection from snake bites and blessings for prosperity and well-being. The festival symbolizes the harmony between humans and nature and shows the importance of respecting all living creatures

### Nag Panchami in 2024:

In 2024, the festival of Nag Panchami will be celebrated on Friday, August 9. This time will be an opportunity for devotees to participate in traditional rituals, receive blessings, and honor the sacred connection between humans and the serpent world.

### Auspicious works for this day:

1. **Worship of snakes** : On this day people worship the snake deities. Idols of snakes are worshipped in temples or at home. Milk, fruits, and incense are offered to them.
2. **Kindness towards snakes** : On the day of Nag Panchami, kindness and love towards snakes is expressed. On this day, snakes are not harmed and sympathy is shown towards them.

3. **Fasting and Upvaas** : On this day many people observe fast and eat fruits. During the fast people consume satvik food and avoid tamasic food.
4. **Listening to religious stories** : Mahabharata and other mythological stories are recited on the day of Nag Panchami. People listen to religious stories to strengthen their faith and belief in snakes.
5. **Traditional rituals** : Traditional rituals are organized at many places on the day of Nag Panchami. People perform special prayers and decorate idols of snakes.

### **Keep these things in mind on the day of Nag Panchami:**

1. **Do not harm snakes** : Snakes should not be harmed in any way on this day. They should not be disturbed and they should be provided a safe environment.
2. **Avoid Tamasic Food** : Tamasic food should not be consumed on the day of Nag Panchami. Avoid non-vegetarian food and eat vegetarian food.
3. **Respect nature** : Nature and environment should be respected on Nag Panchami day. Avoid cutting trees or harvesting wood and try to protect nature.
4. **Avoid unnecessary disputes** : Any kind of dispute or quarrel should be avoided at home on this day. Maintain an atmosphere of peace and harmony.
5. **Do not insult anyone** : Be polite and sympathetic towards everyone on the day of Nag Panchami. Do not insult or ridicule anyone.

### **Benefits of celebrating Nag Panchami:**

1. **Obtaining the blessings of Lord Shiva:** Worshiping Lord Shiva's favorite snakes on Nag Panchami brings special blessings from Lord Shiva. Offering milk on Shivling fulfills wishes and brings happiness and prosperity in life.
2. **Freedom from Sarp Dosh:** Worshiping snakes on this day brings freedom from Sarp Dosh related to Rahu and Ketu. According to astrology, special worship on Nag Panchami pacifies Sarp Dosh in the horoscope.
3. **Health and prosperity:** Fasting on Nag Panchami and worshipping snakes increases the health and prosperity of family members. This festival removes negative energy and brings positivity.
4. **Protection of the family:** Worshiping the snake deities on this day protects the family members from snakebite. Worshiping on Nag Panchami brings happiness and peace in the house.
5. **Agriculture and protection of crops:** Nag Panchami is also related to agriculture. Worshiping the snake deities on this day protects crops and leads to progress in agriculture. This festival holds special significance for farmers.

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