



# RAKSHA BANDHAN 2024 || भाई-बहन के पवित्र बंधन को मनाने के लिए क्या करें और क्या न करें, जानें इस विशेष पर्व के रीति-रिवाज ||

## Raksha Bandhan 2024

**Raksha Bandhan** is a major Indian festival that strengthens the bond of affection, love and protection between brother and sister. This festival is celebrated on the full moon day of Shravan month, which usually falls in the month of July-August. The significance of Raksha Bandhan is religious, cultural, and emotional.

### **Brief description of Rakshabandhan 2024:**

Raksha Bandhan will be celebrated on Monday, 19 August in 2024.

**Significance of the festival:** On this day, sisters tie a rakhi (thread) on their brothers' wrists and pray for their long life and protection. In return for this rakhi, the brother promises to protect and support his sister.

**Religious side:** There are many mythological stories behind Raksha Bandhan. The most prominent story is related to Lord Indra and Indrani, where Indrani blessed Indra with victory by tying a Rakhi to him. In another story, Draupadi tied a Rakhi to Lord Krishna, and Krishna promised to protect Draupadi in every crisis.

**Customs and Traditions:** On this day, sisters decorate a puja thali, which contains rakhi, roli, rice, lamps, and sweets. After tying the rakhi on the brother's wrist, the brother gives gifts to the sister. In some families, brothers also tie a rakhi to their sister, which symbolizes mutual love and care.

**Cultural significance:** Raksha Bandhan is not only limited to the relationship between brother and sister, but this festival also signifies all kinds of protective bonds in the society. This day symbolizes family unity and strengthening of social bonds.

**Gifts and sweets:** It is a common tradition for brothers to give gifts to their sisters on this day. Along with this, sweets are also exchanged, which further increases the sweetness of this festival.

## What to do on Raksha Bandhan day:

1. **Bath and Puja:** Take a bath in the morning and wear clean clothes. Worship God and keep in mind the auspicious time before tying the Rakhi.
2. **Decorate the Rakhi Thali:** Place the Rakhi, roli (sandalwood), akshat (rice), lamp, sweets, and coconut in the puja thali. This increases the significance of the puja.
3. **Tying a Rakhi:** Sisters tie a rakhi on their brother's wrist and wish him long life and success. Brothers promise to protect their sister and give her gifts or blessings.
4. **Exchange of sweets:** Share sweets on Raksha Bandhan day and increase the sweetness of the festival. It is a symbol of happiness and love.
5. **Family Unity:** Spend time with family members. Let this day strengthen the brother-sister relationship as well as symbolize family unity.

## What not to do on Raksha Bandhan:

1. **Avoid negative emotions:** Avoid negative emotions like anger, jealousy, and hatred on this day. Maintain love and dedication in the brother-sister relationship.
2. **Avoid carelessness:** Follow the auspicious time of tying Rakhi and avoid unnecessary carelessness. This keeps the importance and auspiciousness of the festival intact.
3. **Do not speak hateful things:** Do not speak harsh words towards anyone on this day and do not misbehave with anyone. Raksha Bandhan is a festival of love and harmony, so behave sweetly with everyone.
4. **Do not disturb other important activities:** Do not disturb any religious or family activities during Raksha Bandhan. This day is special for everyone, so celebrate it with respect.

**Conclusion:** Raksha Bandhan 2024 is a day to celebrate the unbreakable bond of a brother and sister and to empower their protection and devotion. This festival not only strengthens relationships but also spreads the message of love, harmony, and unity in the family and society.

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