



GAYATRI MANTRA || गायत्री मंत्र ||

The Gayatri Mantra provides mental peace, spiritual advancement, and positive energy. It reduces mental stress and anxiety, promotes health, and strengthens willpower. Regular chanting of the mantra improves focus and concentration while also yielding religious and spiritual benefits. Thus, the Gayatri Mantra plays a crucial role in attaining happiness, prosperity, and the right direction in life.

Gayatri Mantra

Om Bhuh Bhuvah Swah

Om: This is the sacred name of the Supreme Being.

Bhuh: Earthly realm (physical level).

Bhuvah: Atmosphere or space (mental level).

Swah: Heavenly realm (spiritual level).

Tat Savitur Varenyam |

Tat: That (Supreme Being),

Savitur: Of Savita (the Sun or Creator),

Varenyam: Which is worthy of praise.

Bhargo Devasya Dhimahi |

Bhargo: The divine light (spiritual radiance),

Devasya: Of the divine (God),

Dhimahi: We meditate upon

Dhiyo Yo Nah Prachodayat ||

Dhiyo: Intellects,

Yo: Who,

Nah: Our,

Prachodayat: May inspire.

Complete Meaning: We meditate upon the divine light of that Supreme Being (the Sun God) who is the creator of the universe. May that Supreme Being inspire and enlighten our intellects.

Gayatri Mantra: Recite 21 times

Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||1||

Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||2||

Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||3||

Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||4||

Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||5||

Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||6||

Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||7||

Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||8||

**Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||9||**

**Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||10||**

**Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||11||**

**Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||12||**

**Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||13||**

**Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||14||**

**Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||15||**

**Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||16||**

**Om Bhuh Bhuvah Swah
Tat Savitur Varennyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||17||**

**Om Bhuh Bhuvah Swah
Tat Savitur Varennyam**

**Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||18||**

**Om Bhuh Bhuvah Swah
Tat Savitur Varenyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||19||**

**Om Bhuh Bhuvah Swah
Tat Savitur Varenyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||20||**

**Om Bhuh Bhuvah Swah
Tat Savitur Varenyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat ||21||**

Reciting the Gayatri Mantra 21 times maximizes its glory and power. By chanting this mantra with focus and devotion, an individual gains spiritual growth, intelligence, and assistance in religious practice.

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