

Thursday is considered an extremely auspicious day in Hinduism. It is dedicated to the worship of Lord Vishnu and his incarnation, Lord Shri Hari. This day holds special significance for devotees seeking solutions to their problems, success in life, and spiritual peace. There are certain remedies and methods on Thursday that, when followed, can earn the blessings of Lord Vishnu.

Introduction to the Importance of Thursday

Thursday is also considered the day of Brihaspati (Jupiter), who symbolizes knowledge, wealth, and prosperity. It is believed to be highly effective for pleasing Lord Vishnu. Observing a fast, performing rituals, and engaging in religious activities on this day not only brings Lord Vishnu's blessings but also alleviates many difficulties in life.

Shri Vishnu Chalisa Shri Vishnu Aarti

Remedies to Please Lord Vishnu on Thursday

- 1. **Observe a Thursday Fast** Observing a fast on Thursday is the simplest and most effective remedy to please Lord Vishnu. Fasting on this day fulfills all the desires of the devotee. The fasting method is as follows:
 - Wake up early and take a bath.
 - Wear yellow clothes.
 - o Offer yellow flowers, sandalwood, tulsi leaves, and yellow fruits in the worship.
 - o Consume fruits only throughout the day and avoid eating grains.
 - o In the evening, recite or listen to the story of Lord Vishnu.
 - After the fast, feed a Brahmin and give donations.
- 2. **The Importance of Yellow Color** The yellow color has special significance on Thursday as it is Lord Vishnu's favorite color.
 - o Use yellow flowers, turmeric, and yellow clothes in the worship.
 - Include yellow foods like chana dal, khichdi, or dishes made from gram flour in the meal.
 - Wear yellow clothes to experience positive energy throughout the day.
- 3. **Chant Lord Vishnu's Mantras** Chanting Lord Vishnu's mantras is considered a powerful method to please him. On Thursday, chant the following mantras:
 - ० "ॐ नमो भगवते वासुदेवाय"
 - ० "ॐ विष्णवे नमः"
 - ত "ॐ ह्रीं श्रीम लक्ष्मी नारायणाय नमः" Recite each mantra at least 108 times to achieve mental peace and positive energy.
- 4. Worship Tulsi Worshiping Tulsi is considered incomplete without Lord Vishnu's blessings.
 - o Plant a Tulsi plant at home and worship it daily.
 - On Thursday, offer Tulsi leaves to Lord Vishnu.
 - Light a lamp near the Tulsi plant in the evening.
- 5. **Recite Lord Vishnu's Stories and Sing Bhajans** Listening to Lord Vishnu's stories and singing bhajans on Thursday brings great benefits.

- o Recite any chapter from the Bhagavad Gita.
- o Chant "Shri Hari Vandana" or Vishnu Sahasranama.
- Sing bhajans like "Jai Jai Shri Hari."
- 6. The Importance of Charity Giving charity on Thursday is considered highly meritorious.
 - o Donate yellow clothes, chana dal, turmeric, saffron, or gold (if possible).
 - Feed the needy.
 - o Give donations to Brahmins and receive blessings.
- 7. **Take Vows and Pray** To please Lord Vishnu, take a vow to follow his path.
 - o Present your problems and desires before Lord Vishnu.
 - o Pray with true heart and devotion.
 - Make Lord Vishnu the guide of your life.
- 8. Maintain Purity in Your Home Lord Vishnu values cleanliness and purity.
 - Keep your house clean.
 - o Maintain cleanliness and decoration at the worship site.
 - o Every morning, offer water and flowers to Lord Vishnu's idol or picture.

Special Worship Method on Thursday

To perform special worship of Lord Vishnu on Thursday, follow these steps:

- Lay a yellow cloth on a platform.
- Place the idol or picture of Lord Vishnu on it.
- Offer turmeric, rice, sandalwood, and yellow flowers.
- Offer Tulsi leaves, milk, and ghee as offerings.
- Recite Vishnu Sahasranama.
- Conclude with an aarti and light a lamp for Lord Vishnu.

Things to Avoid on Thursday

There are certain actions to avoid on Thursday to maintain the blessings of Lord Vishnu:

- Avoid cutting hair or shaving.
- Do not consume salt, especially during fasting.
- Do not insult anyone or get angry.
- Avoid cutting or harming a Peepal tree.

Favorite Offerings of Lord Vishnu

- Offer yellow-colored dishes like gram flour laddus, kheer, and chana dal to Lord Vishnu.
- It is mandatory to offer Tulsi leaves.
- Sweet foods are particularly dear to Lord Vishnu.

Benefits of Lord Vishnu's Blessings on Thursday

Worshiping and praying to Lord Vishnu on Thursday brings the following benefits:

- Resolution of financial problems.
- Brings peace, happiness, and prosperity to the home.
- Increases love and harmony in married life.
- Enhances mental peace and self-confidence.

• Provides freedom from debts and illnesses.

The remedies to please Lord Vishnu on Thursday are not only significant from a religious perspective but also provide a way to gain mental and spiritual peace. By following these remedies with true devotion, you will experience prosperity, peace, and blessings in your life.

Chant "ॐ नमो भगवते वासुदेवाय" and receive the blessings of Lord Vishnu.

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