



Ancient Vedic Mantras and Rituals





Dwijapriya Sankashti Chaturthi | द्विजप्रिय संकष्टी चतुर्थी व्रत: क्यों और कैसे करें यह शुभ व्रत?|PDF

Dwijapriya Sankashti Chaturthi is an important Hindu festival dedicated to **Lord Ganesha**. This fast is observed on the **Chaturthi tithi (fourth day) of the Krishna Paksha (waning phase of the moon)** every month. However, Dwijapriya Sankashti Chaturthi is particularly significant when it falls in the **Magha month (January-February)**. This year, **Dwijapriya Sankashti Chaturthi will be observed on February 05, 2026.**

Significance of Dwijapriya Sankashti Chaturthi

The name “**Dwijapriya**” means “**beloved of the Brahmins**”, and Lord Ganesha is called so because he is the deity of **wisdom, intellect, and knowledge**, which are of utmost importance to Brahmins. The **Sankashti Chaturthi fast** is observed to seek the blessings of **Lord Ganesha** for the removal of obstacles and hardships in life. It is believed that observing this fast brings **peace, prosperity, and happiness**, while eliminating difficulties and negative influences.



Rituals and Puja Vidhi of Dwijapriya Sankashti Chaturthi

1. Bathing and Purification

- Wake up early in the morning and take a holy bath.
- Wear clean clothes and purify the **home temple** before starting the puja.

2. Sankalp

- Take a **sankalp** (vow) to observe the fast.
- Hold water, **akshat (rice grains), flowers, and durva grass** in your hands and pray to **Lord Ganesha** for the successful completion of the fast.

3. Ganesha Idol Installation & Worship

- Place an idol or picture of **Lord Ganesha** in the puja area.
- Light a **diya (lamp)** and offer **roli (red vermilion), akshat, flowers, durva grass, sindoor (vermilion), sacred thread (janeu), and clothes** to the deity.

4. Chanting Mantras

- Recite **Lord Ganesha's** mantras, such as:
 - *“Om Gan Ganapataye Namah”* (ॐ गं गणपतये नमः)
 - Chant this mantra **at least 108 times** to seek divine blessings.



5. Listening to the Vrat Katha

- **Reading or listening to the Sankashti Chaturthi Vrat Katha** is an important part of the puja.
- The story highlights the **significance and power of the fast** in removing obstacles.

6. Offering Arghya to the Moon

- **On this day, it is customary to offer “Arghya” (water) to the moon.**
- In the evening, after sighting the **moon**, offer **water and prayers**, seeking relief from difficulties.

7. Offering Bhog (Sacred Offerings) and Prasad

- Offer **modak, laddus, jaggery, sesame seeds, and other sweets** to **Lord Ganesha** as bhog (sacred food offering).
- After the puja, distribute **prasad** among family members.

8. Breaking the Fast

- After completing the puja and **moon worship**, **break the fast.**
- If a **complete fast is not possible**, you can consume **fruits or satvik (pure vegetarian) food.**



Benefits of Observing Dwijapriya Sankashti Chaturthi Fast

1. **Removes Obstacles** – Observing this fast **eliminates challenges and difficulties** from life.
2. **Enhances Knowledge & Wisdom** – Lord Ganesha blesses devotees with **intelligence and wisdom**.
3. **Brings Prosperity & Happiness** – The fast ensures **peace, success, and well-being**.
4. **Strengthens Family Bonds** – Brings **harmony, unity, and happiness** within the family.

Precautions to Follow

- Maintain **purity in thoughts, speech, and actions** during the fast.
- Observe **celibacy and maintain discipline** throughout the day.
- Avoid **negative thoughts and distractions**, and stay devoted to **Lord Ganesha**.
- If fasting completely is difficult due to **health reasons, fruits or milk** can be consumed.

Dwijapriya Sankashti Chaturthi is a **powerful and auspicious fast** to receive **Lord Ganesha's divine blessings**. By observing it with **faith, devotion, and proper rituals**, devotees can attain **happiness, success, and relief from troubles**.



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