

According to the Hindu Panchang, Falgun Amavasya falls on the last day of the Krishna Paksha (waning phase) in the month of Falgun. On this day, the moon is completely invisible, which is why it is known as Amavasya (New Moon Day). In 2025, Falgun Amavasya will be observed on **February 27**, **2025**. This date holds great religious and spiritual importance. Special rituals such as **tarpan** (**offering water to ancestors**), **shradh** (**ancestral rites**), **and charity** are performed to bring peace to departed souls.

Significance of Falgun Amavasya

Falgun Amavasya is significant as it is the last Amavasya before Holi. It is believed that any good deeds or charity performed on this day yield special results. This day is considered highly auspicious for **eliminating negative energies**, **resolving Pitra Dosh (ancestral afflictions)**, and purifying the mind.

1. Importance of Pitra Tarpan and Shradh

Amavasya is considered highly sacred for performing rituals dedicated to ancestors. **Offering tarpan and performing shradh** on this day is believed to bring peace to the souls of the ancestors. It is said that bathing in the **Ganges and performing tarpan on Falgun Amavasya helps remove Pitra Dosh** and brings prosperity to the family.

2. Elimination of Negative Energy

On Falgun Amavasya, performing **havan, mantra chanting, and special puja** helps eliminate **negative energies and brings positivity** into life. Observing a fast and worshipping **Lord Shiva or Lord Vishnu** on this day can also reduce the malefic effects of planetary doshas.

3. Charity and Attainment of Moksha

According to religious scriptures, donating on **Falgun Amavasya yields a thousand times more benefits**. Donating food, clothes, sesame seeds, and money to the needy is considered highly auspicious on this day.

<u>Sarva Pitru Amavasya</u> <u>Margashirsha Amavasya</u>

Important Rituals to Perform on Falgun Amavasya

 Holy River Bathing – Taking a dip in sacred rivers like the Ganges, Yamuna, or Narmada is believed to bring immense spiritual benefits.

- **Pitra Tarpan and Shradh** Offering water mixed with sesame seeds to ancestors and feeding Brahmins is considered sacred.
- Charity and Good Deeds Helping the needy by donating food, clothes, and other essentials is believed to bring great fortune.
- Fasting and Worship Observing a fast on this day enhances mental peace and spiritual growth.
- Havan and Mantra Chanting Chanting mantras dedicated to Lord Vishnu, Shiva, and Goddess Lakshmi brings prosperity and happiness.

Falgun Amavasya 2025: Date & Auspicious Timings

Amavasya Begins: February 26, 2025, at 11:50 PM Amavasya Ends: February 27, 2025, at 09:40 PM

Performing rituals and prayers **early in the morning**, before sunrise, is considered highly auspicious. Offering water to the sun and chanting sacred hymns enhances the benefits of this day.

Benefits of Observing Falgun Amavasya

1. Relief from Pitra Dosh

If a person has **Pitra Dosh** (ancestral afflictions) in their horoscope, performing tarpan and shradh on Falgun Amavasya helps remove this dosha and brings peace to the family.

2. Financial Prosperity

Worshipping Lord Vishnu and Goddess Lakshmi on this day brings wealth and prosperity. Cleaning the house and performing Lakshmi Puja invites fortune into the home.

3. Planetary Dosha Remedies

If someone's birth chart is affected by **Saturn, Rahu, Ketu, or other planetary doshas**, they should worship **Lord Shiva** on this day. Offering **water, milk, and bilva leaves** to a Shiva Lingam helps mitigate planetary malefic effects.

4. Mental Peace & Removal of Negativity

Chanting mantras, meditating, and performing **havan** (**fire rituals**) on this day help in reducing **stress and negative energies**. Sprinkling **Gangajal** (**holy water**) in the house purifies the environment.

5. Relief from Diseases

Performing charity and puja on this Amavasya is believed to improve health conditions. Donating sesame seeds, black clothes, and food grains is said to cure ailments and prevent diseases.

Falgun Amavasya Vrat (Fasting) and Puja Vidhi (Rituals)

- **Bathing & Sankalp (Resolution)** Wake up early, take a holy dip in a river or bathe at home, and take a vow to observe the fast.
- Lord Vishnu & Shiva Worship Light a diya (lamp), offer flowers, fruits, and prasad, and chant sacred hymns.
- Pitra Puja & Tarpan Offer water mixed with sesame seeds to ancestors and perform Shradh rituals.
- Havan & Mantra Chanting Chant powerful mantras like the Mahamrityunjaya Mantra, Vishnu Sahasranama, and Gayatri Mantra for spiritual upliftment.
- Charity & Donations Donate food, clothes, and money to the poor and needy for divine blessings.

Falgun Amavasya 2025 is a spiritually significant day for ancestor worship, eliminating negative energies, and seeking divine blessings. Performing rituals such as bathing, charity, fasting, and chanting brings immense benefits. By following the sacred traditions on this day, one can attain prosperity, peace, and happiness in life.

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