



Ancient Vedic Mantras and Rituals





Chaitra Navratri 2025: माँ दुर्गा के नौ स्वरूपों की आराधना | PDF |

Navratri Dates & Goddess Forms

Date	Day	Tithi	Goddess Form	Mantra
March 30, 2025	Sunday	Pratipada	Maa Shailputri	Om Devi Shailaputryai Namah
March 31, 2025	Monday	Dwitiya, Tritiya	Maa Brahmacharini, Maa Chandraghanta	Om Devi Brahmacharinyai Namah Om Devi Chandraghantayai Namah
April 1, 2025	Tuesday	Chaturthi	Maa Kushmanda	Om Devi Kushmandayai Namah
April 2, 2025	Wednesday	Panchami	Maa Skandamata	Om Devi Skandamatayai Namah
April 3, 2025	Thursday	Shashti	Maa Katyayani	Om Devi Katyayanyai Namah
April 4, 2025	Friday	Saptami	Maa Kalaratri	Om Devi Kalaratryai Namah
April 5, 2025	Saturday	Ashtami	Maa Mahagauri	Om Devi Mahagauryai Namah
April 6, 2025	Sunday	Navami	Maa Siddhidatri	Om Devi Siddhidatryai Namah

Significance of Chaitra Navratri

Chaitra Navratri holds special significance as it **marks the beginning of the Hindu New Year**. Worshipping the nine forms of Goddess Durga during these nine days enhances **spiritual strength, patience, and divine energy**. Fasting, meditation, and devotional singing create a sacred atmosphere, bringing positivity and blessings into one's life.

Brief Introduction to the Navdurga Forms

- **Maa Shailputri** – Daughter of the Himalayas, symbol of stability and strength.
- **Maa Brahmacharini** – Goddess of penance and discipline.
- **Maa Chandraghanta** – Represents grace and bravery.
- **Maa Kushmanda** – The creator of the universe, divine mother.
- **Maa Skandamata** – Mother of Lord Kartikeya, embodies motherly love.
- **Maa Katyayani** – Goddess of courage and valor.
- **Maa Kalaratri** – The destroyer of darkness and fear.
- **Maa Mahagauri** – Symbol of purity and compassion.
- **Maa Siddhidatri** – Bestower of supernatural powers and wisdom.

Navratri Puja Rituals & Mantra Chanting

- **Morning Rituals** – Take a holy bath and wear clean clothes.
- **Install the Idol/Picture** of Goddess Durga in a sacred space.
- **Light a Ghee Lamp** and recite the *Durga Saptashati* or *Devi Kavach*.



- **Chant the daily mantra** dedicated to the respective Goddess.
- **Follow a Sattvic Diet** and observe fasting for spiritual benefits.

Special Note for 2025 Navratri

In 2025, **Dwitiya and Tritiya Tithi** fall on the same day (**March 31, 2025**), meaning the **combined worship of Maa Brahmacharini and Maa Chandraghanta** will take place. Due to this, **Navratri will last for only 8 days** instead of the usual 9. **Jai Mata Di!**

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