



# Ancient Vedic Mantras and Rituals






## Budhwar Vrat | बुधवार व्रत के चमत्कारी लाभ: बुध ग्रह को प्रसन्न करने का सरल उपाय | PDF

In Hinduism, each day of the week holds special spiritual significance. **Wednesday** is especially dedicated to **Lord Vishnu, Lord Krishna, and the planet Mercury (Budh Grah)**. Observing a fast on this day is believed to bring success in intelligence, speech, business, and family life. The story (Katha) of Budhwar Vrat is considered highly sacred and powerful. Let's delve into the main story of this vrat

### Main Story of Budhwar Vrat

In ancient times, there lived a wealthy merchant in a town. Despite his immense wealth, he had no children. He performed numerous donations, rituals, and fasts in various temples seeking a child, but to no avail. One day, a sage visited his home. The merchant respectfully served him food and shared his sorrow. The sage smiled and said, "Observe the **Budhwar Vrat** with devotion. You will soon be blessed with a child."





The merchant began observing the Budhwar fast with full faith. Within a few months, his wife conceived and gave birth to a beautiful son. The family rejoiced. The boy grew up to be intelligent, handsome, and obedient.

One day, the merchant decided to send his son to his in-laws' house. It was a Wednesday. The son said, "Father, today is Wednesday. Traveling on this day is considered inauspicious." But the merchant replied, "That's just a superstition. We shouldn't delay auspicious tasks because of such beliefs." Obeying his father's command, the son left with his wife on Wednesday.

On their way, they came across a beautiful town where the king's procession was underway. The king noticed the young man and was stunned — he looked just like his own son. Confused, the king ordered his guards to arrest the youth, thinking he might be an impostor.

The young man was imprisoned. His wife cried bitterly and prayed earnestly in a nearby temple, vowing to observe the **Budhwar Vrat**.

A few days later, the king had a dream. In it, **Lord Vishnu** appeared and said, "You have imprisoned an innocent man. He is not your son but the son of a merchant who traveled on a Wednesday."

The next morning, the king summoned the youth, apologized, and released him. The couple safely returned home. The merchant realized that the mishap was due to breaking the Budhwar Vrat tradition. From that day onwards, the entire family began observing the vrat regularly.



## Budhwar Vrat Vidhi (Rituals) in Brief:

Wake up early and bathe.

Wear clean clothes.

Light a lamp before the idol or picture of Lord Vishnu or Krishna.

Offer green flowers, tulsi leaves, and Panchamrit.

Chant the mantra “**Om Brim Budhaya Namah.**”

Read or listen to the vrat katha.

Observe a light fast — either fruit or one meal at night.

The Budhwar Vrat Katha teaches us to respect and follow spiritual traditions. Ignoring them can invite unnecessary troubles. This vrat not only brings peace and prosperity but also protects from adversities.

## Benefits and Importance of Budhwar Vrat

### 1. Influence of Mercury (Budh Grah)

Wednesday is dedicated to the planet **Mercury (Budh)**.

According to astrology, Mercury governs intelligence, communication, mathematics, writing skills, and business acumen. If Mercury is negatively placed in one’s horoscope, it may cause confusion, business losses, skin problems, and speech disorders.

By observing Budhwar Vrat, one can mitigate these problems.

### 2. Improved Intelligence and Communication

This fast sharpens the intellect and brings sweetness to one’s speech. Students, writers, lawyers, teachers, and businessmen particularly benefit from it.



### 3. Growth in Business

Wednesday is also considered the day of commerce. Fasting on this day ensures business expansion, success in new ventures, and financial prosperity. Mercury's energy helps entrepreneurs make the right decisions.

### 4. Relief from Diseases and Health Issues

Mercury governs the nervous system, skin, and mental well-being. Those suffering from frequent illnesses, anxiety, nervousness, or skin diseases find this vrat highly beneficial.

### 5. Happiness in Married Life

Married women who observe this vrat with devotion receive blessings for a happy married life and their husband's long life. Unmarried girls can also observe it to find a suitable life partner.

### 6. Removal of Mercury Dosh (Defect)

If Mercury is malefic in one's chart, it causes several issues. Observing Budhwar Vrat, wearing green clothes, offering tulsi, and donating green moong help in neutralizing the dosh.

### 7. Mental and Spiritual Peace

This vrat offers spiritual calmness, mental stability, and inner strength. Regular observance of this vrat increases positivity and wards off negative energies.



## 8. Simple and Easy Fast

Compared to many other fasts, Budhwar Vrat is easy to follow. It doesn't require complete abstinence from food — one can eat fruits or a single meal.

## 9. Family Happiness and Child Blessings

As the vrat katha narrates, it helps couples longing for children. It is believed to bring the blessings of progeny.

## 10. Symbol of Devotion and Discipline

This vrat teaches that any religious act should be done with devotion, discipline, and consistency. It helps develop a balanced lifestyle and clarity in thoughts.

**Budhwar Vrat** is not just a religious ritual; it is a spiritual path that leads to balance, prosperity, and peace in life. It helps neutralize planetary doshas while fostering mental strength, professional excellence, family happiness, and emotional stability.

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