



Ancient Vedic Mantras and Rituals





Vaisakhi 2025 | सनातन परंपरा से सिख इतिहास तक – सम्पूर्ण जानकारी | PDF

Baisakhi (also spelled **Vaisakhi**) is not just a harvest festival—it is a sacred convergence of **spiritual awakening**, **cultural celebration**, and **Vedic tradition**. Celebrated annually on **April 13 or 14**, it marks the Sun's entry into **Mesha Rashi (Aries)**, known as *Mesha Sankranti*.

Vedic Perspective of Baisakhi

According to the Vedic calendar, Baisakhi falls on the **transition day of the month of Vaishakh**, considered highly auspicious for performing spiritual practices like **bathing**, **charity**, and **chanting**.

"Snānam dānam japam homam saṅkrāntiṃ puṇyamucyate."

(Bathing, charity, chanting, and fire rituals done during Sankranti are highly meritorious.)

People perform early morning river baths, offer Arghya to the Sun, and worship Lord Vishnu for blessings.



Astrological Significance

- The Sun enters Aries – beginning the **solar new year**.
- It signifies the start of a new seasonal cycle – ideal for **sāadhanā (spiritual discipline)**.
- A time for **new resolutions** and inner transformation.

Establishment of Khalsa Panth

On Baisakhi in 1699, **Guru Gobind Singh Ji** founded the **Khalsa Panth** at **Shri Anandpur Sahib**, creating a new identity for Sikhs based on valor, purity, and faith.

"Waheguru Ji Ka Khalsa, Waheguru Ji Ki Fateh!"

Recommended Spiritual Practices on Baisakhi

- Holy bath in sacred rivers (especially Ganga).
- Offer water to the Sun with mantras.
- Worship Lord Vishnu with Tulsi leaves.
- Donate food, clothes, and money to the needy.
- Visit Gurudwaras, attend kirtans, and partake in langar.
- Take a vow (sankalp) to practice truth, compassion, or give up a bad habit.

Powerful Mantras for Baisakhi

ॐ सूर्याय नमः – Om Suryaya Namah (for offering Arghya to the Sun)

ॐ नमो भगवते वासुदेवाय – Om Namō Bhagavate Vasudevaya (for Vishnu worship)



Traditional Baisakhi Prasad

- Kesar (saffron) kheer
- Simple kadhi-chawal
- Panjeri (holy dry sweet)
- Wheat & jaggery sweets
- These foods symbolize nourishment, purity, and divine offering.

Spiritual Message of Baisakhi

Baisakhi reminds us:

- Every harvest is the fruit of patience and hard work.
- Spiritual growth is like farming – through chanting, service, and inner discipline, peace blossoms.
- Equality, charity, and courage are the cornerstones of dharma.

Baisakhi is more than a festival—it is a time of **spiritual renewal, dharmic reflection, and celebration of divine blessings**. Let us pray together on this holy occasion:

"O Lord! Bless us with the strength to walk the path of truth and righteousness. May our efforts be fruitful, and may peace and prosperity prevail in the entire world."



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