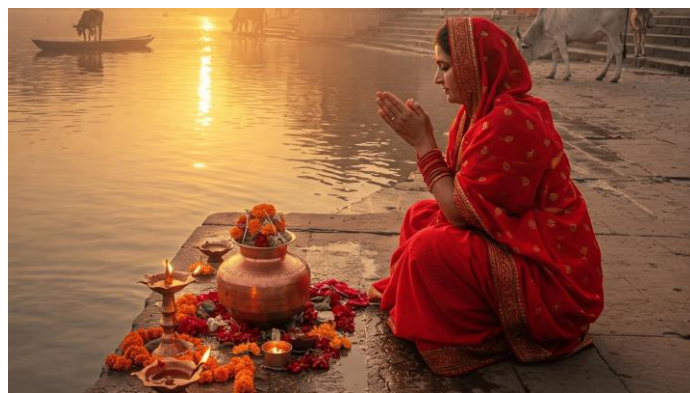




Ancient Vedic Mantras and Rituals





Vrishabha Sankranti | सूर्य के वृषभ राशि में प्रवेश का पर्व – वृषभ संक्रांति का संपूर्ण मार्गदर्शन | PDF

Vrishabha Sankranti marks the Sun's transition from Aries (Mesha) to Taurus (Vrishabha) in the zodiac. This event holds significant religious and astrological importance according to the Hindu calendar. It typically falls in mid-May every year. In various parts of India, it is observed in different ways, with people performing rituals, fasting, and acts of charity. The Sun's movement into a new sign is believed to initiate a new energy cycle, bringing positive changes into one's life.

Religious Significance of Vrishabha Sankranti

- ***Mention in Scriptures:***

Vrishabha Sankranti is referenced in Hindu scriptures and Puranas. It is considered an auspicious time for performing religious activities such as chanting, penance, and donations. Actions performed on this day are believed to yield multiplied benefits.



- ***Ideal Time for Pitru Karma (Ancestor Rituals):***

Offering water and performing rituals for ancestors on this day is considered highly auspicious. It is believed to bring peace to departed souls and free one from ancestral debts (Pitru Dosha).

- ***Special Importance of Charity:***

Vrishabha Sankranti is also known as *Daan Sankranti* (Day of Giving). Any donations made on this day—especially of food, water, clothes, and umbrellas—are believed to bring immense spiritual merit.

Which Deities Are Worshipped on This Day?

- **Worship of Surya Dev (Sun God):**

Devotees offer water to the Sun early in the morning and chant *Aditya Hridaya Stotra* or Surya mantras for blessings.

- **Worship of Gayatri Mata:**

Chanting the *Gayatri Mantra* or performing Gayatri Yajna on this day is believed to bring mental clarity and spiritual strength.

- **Ancestor Worship and Tarpan:**

Offerings of water (Tarpan) and food (Pind Daan) are made in memory of ancestors for their peace and blessings.



Benefits of Observing Vrishabha Sankranti

- **Attainment of Spiritual Merit:**
Religious rituals and donations performed on this day are believed to destroy sins of past lives and bring divine blessings.
- **Freedom from Pitru Dosha:**
Ancestor offerings performed on this day help remove ancestral curses and bring peace and prosperity.
- **Increase in Prosperity:**
Worshipping the Sun God is believed to enhance wealth, health, and success.
- **Freedom from Diseases:**
Sun worship and charitable acts infuse positive energy into the body and help alleviate physical ailments.
- **Mental and Spiritual Peace:**
Mantra chanting and meditative practices relieve mental stress and bring inner peace.

What to Do on This Day (Dos)

- **Take a Sacred Bath and Offer Water to the Sun:**
Wake up early, bathe, and offer water to the Sun using a copper vessel with red flowers, rice, and vermilion (roli).
- **Chant Surya Mantras:**
Recite “ॐ घृणि सूर्याय नमः” (Om Ghrini Suryaya Namah) 108 times for maximum benefit.
- **Perform Charity:**
Donate essentials such as food, water, clothes, fans, umbrellas, and slippers to the needy.

Beliefs Associated with Vrishabha Sankranti

- **Importance of Ganga Snan (Holy Bath in River Ganga):**
Taking a dip in the Ganga on this day is believed to wash away sins and lead to liberation (moksha).
- **Protection from Evil Forces:**
Special rituals and yajnas performed on this day are believed to ward off negative energies and spirits.
- **Beneficial Solar Energy:**
The Sun's position during Vrishabha Sankranti has a positive effect on health and agriculture.

Vrishabha Sankranti is a deeply sacred and auspicious occasion that holds immense importance for religious observances, spiritual purification, and charitable acts. Worshiping Surya Dev, offering respect to ancestors, and helping the needy not only bring inner satisfaction but also attract prosperity, positive energy, and peace into life.

On this day, our faith and actions determine the fruits we receive. Therefore, by making the most of this opportunity, we can enhance our lives spiritually and materially.



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