



Ancient Vedic Mantras and Rituals





Guru Nanak Jayanti 2025 | गुरु नानक जयंती प्रकाश पर्व का महत्व, इतिहास और पूजा विधि | PDF

The sacred land of India has always been the abode of saints and spiritual masters. Among these great souls was **Shri Guru Nanak Dev Ji**, the first Guru and founder of Sikhism. His birthday is celebrated across the world with immense devotion and reverence as **Guru Nanak Jayanti** or **Gurpurab**. This day is not only special for the Sikh community but also serves as a symbol of spiritual awakening for all humanity.

When is Guru Nanak Jayanti Celebrated?

Guru Nanak Jayanti is celebrated every year on the **full moon day (Purnima) of the Kartik month** as per the Hindu lunar calendar.

This day is also known as **Kartik Purnima**, one of the most auspicious days of the year.

In **2025**, Guru Nanak Jayanti will be celebrated on **Wednesday, November 5**.



Life of Guru Nanak Dev Ji

Guru Nanak Dev Ji was born on **15 April 1469** in **Rai Bhoi Ki Talwandi**, now known as **Nankana Sahib** in Pakistan.

His father's name was **Mehta Kalu Chand** and his mother's name was **Mata Tripta Devi**. From childhood, Guru Nanak showed exceptional intelligence, humility, and a deeply spiritual nature.

At the age of sixteen, he realized the futility of worldly attachments and dedicated his life to divine service. Even after marriage, he renounced material desires and began his mission to uplift humanity.

His spiritual journeys — known as *Udasis* — extended across **India, Tibet, Afghanistan, Sri Lanka, and Arab countries**.

Teachings and Message of Guru Nanak Dev Ji

Guru Nanak Dev Ji's entire life was devoted to **serving humanity, spreading equality, and fostering love for God**.

He strongly opposed **superstitions, caste discrimination, and social divisions** prevalent in society.



His **three core principles** continue to form the foundation of Sikhism:

1. **Naam Japna (Remembrance of God)** – Always remember and meditate upon the Divine Name.
2. **Kirat Karni (Earn Honestly)** – Live an honest life through hard work and truthfulness.
3. **Vand Chakna (Share with Others)** – Share your earnings and possessions with those in need.

Famous Quotes by Guru Nanak Dev Ji

“God is One; He is present everywhere.”

“The pure-hearted one is the true devotee.”

“He who serves others, serves God.”

“The path of truth is difficult, but it alone leads to liberation.”

Religious Importance of Guru Nanak Jayanti

This festival reminds devotees of Guru Nanak’s teachings and inspires them to follow his path of truth, compassion, and service.

According to Sikh tradition, chanting the Lord’s name, performing *Kirtan*, *Langar Seva*, and *Sangat* on this day brings immense blessings.

Guru Nanak Jayanti is not merely a birthday celebration — it is a **festival of truth, love, and selfless service**, reminding us that **true worship lies in serving humanity**.



How is Guru Nanak Jayanti Celebrated?

Guru Nanak Jayanti is celebrated with great devotion by Sikhs and followers of other faiths all over the world.

1. Akhand Path

Two days before the festival, an *Akhand Path* (continuous recitation of Guru Granth Sahib) is held in Gurdwaras.

This uninterrupted 48-hour reading creates a sacred and spiritual environment.

2. Nagar Kirtan

A day before Gurburab, a grand procession called *Nagar Kirtan* is organized.

It is led by the **Panj Pyare (Five Beloved Ones)** and features devotional singing, hymns, and tableaux depicting scenes from Guru Nanak Dev Ji's life and teachings.

3. Special Prayers in Gurdwaras

On the main day, special congregations (*Diwan*) are organized in Gurdwaras.

Devotees listen to *Kirtan*, *Ardas*, and spiritual discourses recalling the Guru's divine wisdom.



4. Langar Seva

The most significant part of the celebration is the **Langar (community kitchen)**, where free meals are served to everyone irrespective of religion, caste, or status.

It symbolizes **equality, unity, and brotherhood** — the essence of Guru Nanak's teachings.

5. Illumination and Devotional Singing

At night, homes and Gurdwaras are beautifully illuminated with lamps and candles.

Devotees engage in *Bhajan-Kirtan, Aarti,* and *Satsang* throughout the evening, creating an atmosphere of deep devotion and peace.

Relevance of Guru Nanak's Teachings in Modern Times

Even centuries later, Guru Nanak Dev Ji's teachings remain deeply relevant.

In an era divided by caste, discrimination, and materialism, his message reminds humanity that **“service to mankind is service to God.”**

He taught that:

The essence of religion lies in compassion and righteous action, not in rituals.

Men and women are equal; both carry the divine spark. Love, humility, and tolerance are the highest virtues.



Guru Nanak Dev Ji's Journeys (Udasis)

Guru Nanak Dev Ji undertook **four major spiritual journeys**, known as *Udasis*, to spread the message of truth and oneness.

- **Eastern Udasi** – Covered Bengal, Assam, and Nepal.
- **Southern Udasi** – Reached Sri Lanka and South India.
- **Northern Udasi** – Traveled across Tibet and the Himalayas.
- **Western Udasi** – Visited Mecca, Medina, Afghanistan, and Iran.

During these journeys, he interacted with people of all faiths and spread the message of **“Ek Onkar”** — meaning **“There is One God.”**

Guru Nanak Dev Ji and Monotheism

Guru Nanak Dev Ji emphasized **belief in one formless God** who is present everywhere — in stones, trees, animals, and humans alike.

His most sacred teaching, **“Ek Onkar Satnam”**, symbolizes this philosophy:

“There is only One Eternal God, and Truth is His Name.”



Guru Nanak Dev Ji's Final Days and Legacy

Guru Nanak Dev Ji spent his final years at **Kartarpur (now in Pakistan)**.

There, he established the traditions of **Sangat (holy congregation)** and **Pangat (communal meal)** — practices that continue in every Gurdwara today.

He attained *Parinirvana* (eternal peace) in **1539 CE** on the **Amavasya (new moon)** of the Kartik month.

His spiritual legacy lives on through the **ten Sikh Gurus**, the **Guru Granth Sahib**, and the global network of **Gurdwaras**.

Social Message of Guru Nanak Jayanti

Guru Nanak Jayanti is not just a religious festival — it is a celebration of **humanity, equality, and truth**.

It reminds us that:

“Religion does not live in temples but in the behavior of humankind.”

On this occasion, **charity, education, service, and helping the needy** are considered the truest forms of worship.



Spiritual and Social Benefits of Celebrating Guru Nanak Jayanti.

- **Spiritual Awakening:** Strengthens faith in God and devotion.
- **Equality:** Promotes the vision of equal treatment for all.
- **Service:** Inspires compassion and dedication toward community welfare.
- **Peace and Unity:** Fosters harmony through collective prayer and singing.
- **Purification of Mind:** Removes negativity through *Kirtan* and *Satsang*.

Conclusion

Guru Nanak Jayanti is not merely a celebration but a **spiritual journey** — guiding us toward truth, love, equality, and selfless service.

His life proves that **true religion is one that works for the welfare of all.**

The essence of celebrating this festival lies in embracing his teachings and serving humanity.



As Guru Nanak Dev Ji said:

“Naam Japo, Kirat Karo, Vand Chhako” —

Meditate on God’s Name, work honestly, and share with others.

That is the eternal message of humanity and peace.

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