



Ancient Vedic Mantras and Rituals





Putrada Ekadashi Vrat 2025: तिथि, महत्व, पूजा विधि, व्रत नियम और आध्यात्मिक लाभ | PDF

Putrada Ekadashi 2025 Date

Putrada Ekadashi Vrat will be observed on Tuesday, 30 December 2025.

This sacred Ekadashi falls in the **Shukla Paksha of Pausha month** and is especially significant for couples seeking child blessings.

Significance of Putrada Ekadashi

Putrada Ekadashi holds great religious and spiritual importance in Hinduism. The word “*Putrada*” means “**the giver of a son or child**”. It is believed that observing this vrat with devotion and proper rituals pleases **Lord Vishnu**, who blesses devotees with progeny, happiness, and family prosperity.



According to Hindu scriptures, this vrat helps in:

- Fulfilling the desire for children
- Removing sins of past lives
- Bringing peace, prosperity, and harmony in the family
- Strengthening spiritual faith and devotion

Putrada Ekadashi Vrat Katha (Story)

As per ancient legends, King Suketuman of Bhadravati kingdom was childless. He observed Putrada Ekadashi with complete faith and devotion. By the grace of Lord Vishnu, he was blessed with a virtuous son. Since then, this Ekadashi has been known as **Putrada Ekadashi** and is observed for child blessings.

Putrada Ekadashi Puja Vidhi (Rituals)

Devotees should follow these steps on Putrada Ekadashi:

- Wake up early during Brahma Muhurta and take a holy bath
- Wear clean clothes
- Place the idol or image of Lord Vishnu in the prayer area
- Offer Tulsi leaves, yellow flowers, fruits, and light a lamp



- Chant Vishnu Sahasranama and “Om Namo Bhagavate Vasudevaya” mantra
- Observe night vigil and break the fast on Dwadashi

Putrada Ekadashi Fasting Rules

- Consumption of grains is prohibited
- One may observe a fruit-based fast or a waterless fast
- Avoid anger, false speech, and negative thoughts
- Donate food, clothes, or money to the needy

Benefits of Putrada Ekadashi Vrat

- Observing Putrada Ekadashi vrat offers several benefits:
- Blessings of children and family happiness
- Protection, health, and long life of offspring
- Harmony in married life
- Mental peace and spiritual strength
- Special blessings of Lord Vishnu



Spiritual Message of Putrada Ekadashi (30 December 2025)

Putrada Ekadashi teaches the values of faith, discipline, and devotion. This sacred fast is not only about seeking progeny but also about **self-purification and deep spiritual connection with God.**

Conclusion

Observing **Putrada Ekadashi Vrat on 30 December 2025** with devotion and proper rituals brings divine blessings of Lord Vishnu. This holy fast ensures happiness, prosperity, and a bright future for the family.

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