



Ancient Vedic Mantras and Rituals



SNAN DAAN KI PURNIMA 2025



Snan Daan Ki Purnima | महत्व, पूजा विधि, तिथि और मान्यता | PDF

Snan Daan Ki Purnima, especially the sacred **Margashirsha Purnima**, is considered one of the most auspicious days in **Hindu tradition**. This holy full moon day is dedicated to **Snan (holy bathing)** and **Daan (charity)**. It is believed that performing a sacred bath in holy rivers and offering charity with pure intentions removes **sins, negative karma**, and brings **peace, prosperity, and divine blessings** into one's life. This spiritually powerful day also marks the **appearance of Lord Dattatreya**, celebrated as **Shri Dattatreya Prakatya Utsav**, which increases the significance of this Purnima for devotees.

Importance of Snan Daan Ki Purnima

According to ancient Hindu scriptures such as **Bhavishya Purana** and **Skanda Purana**, performing **Snan and Daan on Purnima** grants infinite spiritual merit and supports the path to **Moksha (liberation)**.



On this day, devotees wake up early, take a holy dip in rivers like Ganga, Yamuna, Godavari, Narmada, or use **Ganga jal** at home, and perform puja dedicated to **Lord Vishnu** and **Lord Dattatreya**.

They also donate **food, clothes, water, grains, money, and other essentials** to the needy, which is believed to bring long-lasting blessings.

Shri Dattatreya Prakatya Utsav

Margashirsha Purnima is also celebrated as the **divine appearance day of Lord Dattatreya**, the combined incarnation of **Lord Brahma, Lord Vishnu, and Lord Mahesh (Shiva)**. Lord Dattatreya is worshipped as the **Lord of Knowledge, Yoga, Devotion, Enlightenment, and Guru Tattva**.

Devotees observe fasts, perform meditation, and chant sacred mantras to receive divine guidance and spiritual transformation.

Snan Daan Purnima Worship Rituals

- Early morning holy bath or bathing using Ganga water
- Worship of Lord Vishnu and Lord Dattatreya with **Chandan, flowers, incense, and ghee lamp**
- Chanting the mantra **“Om Shri Dattaya Namah”**
- Reading holy scriptures such as **Gurucharitra, Dattatreya Stotram, or Datta Bavani**



- Donating food, grains, clothes, and other essentials
- Serving cows, saints, and needy people

Spiritual Benefits of Snan Daan Purnima

- Removes obstacles and negative energies
- Promotes peace, stability, and inner strength
- Relief from diseases and health issues
- Helps resolve financial difficulties
- Protects from planetary defects (Grah dosh)
- Enhances spiritual wisdom and divine grace
- Supports the path to liberation and higher consciousness

Types of Charity and Their Benefits

Charity Item	Spiritual Benefit
Food / Grains (Anna Daan)	Brings happiness, abundance & prosperity
Clothes Donation	Removes hardships and poverty
Water or Cow (Go-Daan)	Relief from suffering & illness
Lamp Donation (Deep Daan)	Enhances positivity, peace & fortune

On the divine occasion of **Snan Daan Ki Purnima** and **Shri Dattatreya Prakatya Utsav**, devotees receive powerful spiritual energy, purity, and blessings from **Lord Dattatreya**. This holy day inspires humans to practice compassion, charity, and devotion for inner peace and spiritual upliftment.

May this sacred Purnima bring peace, prosperity, and blessings to all.



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