



Ancient Vedic Mantras and Rituals





Magh Purnima 2026 | माघ पूर्णिमा : स्नान, दान, व्रत, पूजा और महत्व | PDF

What is Magh Purnima?

Magh Purnima is a highly sacred day celebrated on the full moon (Purnima) of the Hindu month of Magh according to the Hindu calendar. This day is especially dedicated to **holy bathing in the Ganga, charity, fasting, spiritual practices, and worship of Lord Vishnu**. The month of Magh is also known as the *“King of Holy Months”* because any auspicious act performed during this month is believed to give **manifold spiritual rewards**.

According to religious beliefs, during the month of Magh, the gods descend to Earth and take holy baths in sacred rivers. This is why huge crowds are seen at **Prayagraj Sangam, Haridwar, Kashi (Varanasi), Ujjain, and other major pilgrimage sites** on this day.



Magh Purnima 2026 Date and Auspicious Time

Magh Purnima will begin on **Sunday, 1st February 2026 at 5:52 AM** and will end on **Monday, 2nd February 2026 at 3:38 AM**.

Religious and Spiritual Significance of Magh Purnima

Magh Purnima is not just a festival, but a special occasion for **spiritual purification and accumulation of divine merit**.

According to Hindu scriptures:

- Holy bathing in the month of Magh destroys sins of many lifetimes
- Charity performed on this day grants *Akshaya Phal* (eternal spiritual rewards)
- Fasting and chanting open the path to Moksha (liberation)
- Special blessings of Lord Vishnu and Goddess Lakshmi are received

This day is especially important for those who observe **Kalpavas**. It holds great significance in **Prayagraj during Magh Mela and Kumbh-related spiritual observances**.

Importance of Holy Bath on Magh Purnima

Taking a holy bath in rivers such as **Ganga, Yamuna, Saraswati, or any other sacred river** on Magh Purnima is considered extremely meritorious. Scriptures state:



“A holy bath in the month of Magh is equivalent to performing thousands of Yajnas.”

Benefits of Holy Bath:

- Destruction of sins
- Relief from diseases
- Mental and spiritual purification
- Removal of negative energies
- Infusion of positivity in life

If river bathing is not possible, adding **Gangajal** to bath water at home is also considered equally auspicious.

Significance of Magh Purnima Fasting (Vrat)

The fast of Magh Purnima is dedicated to Lord Vishnu. Observing this vrat brings:

- Attainment of Vishnu Lok
- Removal of life's obstacles
- Reduction in financial problems
- Peace and harmony in family life
- Relief from planetary doshas



Magh Purnima Vrat Vidhi (Complete Fasting Procedure)

- Wake up during Brahma Muhurat
- Take a holy bath in a sacred river or at home
- Wear clean yellow or light-colored clothes
- Take a vow (Sankalp) for fasting
- Worship Lord Vishnu and Goddess Lakshmi
- Chant Vishnu Sahasranama or Narayan Mantra
- Observe fast with satvik food, fruits, or nirjala vrat
- Perform Deep Daan in the evening
- Feed Brahmins and needy people

Importance of Charity on Magh Purnima

Charity performed on Magh Purnima grants **Akshaya Punya (eternal merit)**. It is believed that donations made on this day provide benefits for many lifetimes.

Major Donations on Magh Purnima:

- Food grains (rice, wheat, lentils)
- Clothes
- Sesame seeds (Til)



- aggergy (Gur)
- Blankets (especially during winter)
- Ghee and oil
- Lamp offering (Deep Daan)
- Feeding Brahmins with Dakshina

Magh Purnima Puja Vidhi (Detailed)

- Purify the puja area after morning bath
- Install idol or photo of Lord Vishnu
- Offer yellow flowers, Tulsi leaves, sandalwood, incense, and lamp
- Chant Vishnu mantras
- Recite Satyanarayan Katha
- Perform Purnima Aarti
- Offer Arghya to Chandra Dev (Moon God)

Mythological Story Related to Magh Purnima (Brief)

According to legends, once a poor Brahmin performed holy bathing and charity on Magh Purnima with complete devotion. By the grace of Lord Vishnu, his poverty ended and he received divine blessings. This story symbolizes that **actions performed with faith and discipline on this sacred day never go in vain.**

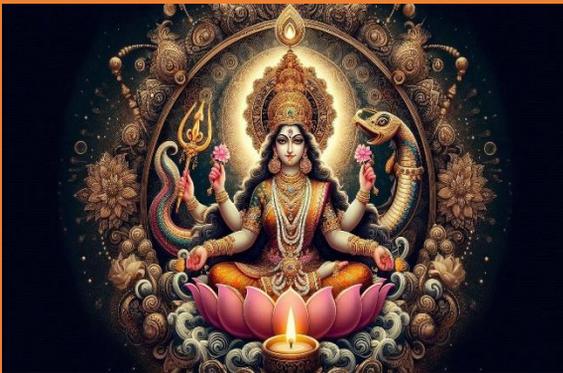


Spiritual Benefits of Magh Purnima

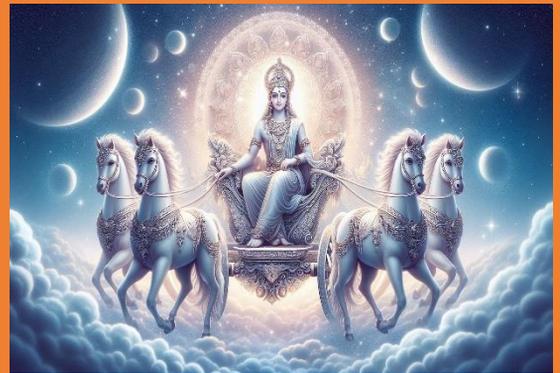
- Purification of the soul
- Cleansing of karmas
- Accumulation of divine merit
- Progress toward Moksha
- Closer connection with God

Magh Purnima is a highly sacred festival that inspires individuals to walk on the path of **Dharma, Karma, and Moksha**. Holy bathing, charity, fasting, and worship performed with faith and devotion on this day bring **peace, prospe**

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