



Ancient Vedic Mantras and Rituals





Chaitra Amavasya 2026: तिथि और शुभ मुहूर्त, महत्व और पूजा विधि | PDF

What is Chaitra Amavasya?

Chaitra Amavasya is observed on the **Amavasya (new moon) day of the Chaitra month** according to the Hindu calendar. On this day, the moon is completely invisible, and it is considered highly auspicious for **spiritual practices, prayers for ancestors, and charitable acts**.

Chaitra Amavasya holds special importance because it falls around the **beginning of the Hindu New Year**. It symbolizes **new beginnings, spiritual purification, and positive energy**.

Chaitra Amavasya 2026 Date and Auspicious Time

In 2026, Chaitra Amavasya will be observed with devotion and faith.

Date: 18 March 2026, Wednesday

Amavasya Tithi Begins: Around 07:30 AM

Amavasya Tithi Ends: 19 March 2026 around 09:00 AM



Auspicious Time for Pitru Tarpan and Holy Bath:

- Taking a holy bath and performing **Pitru Tarpan after sunrise** is considered highly beneficial.
- **Brahma Muhurat and early morning** are regarded as the most auspicious times for worship on this day.

Religious Significance of Chaitra Amavasya

In Hinduism, Amavasya is considered an important day for **honoring ancestors and spiritual purification**. The importance of Chaitra Amavasya increases further as it occurs near the **start of the new Hindu year (Nav Samvatsar)**.

According to religious beliefs, performing **charity, sacred bathing, and offerings to ancestors** on this day brings peace to the souls of ancestors and blessings to the family. It is also believed that the good deeds performed on this day provide **multiple spiritual rewards**.

Why is Chaitra Amavasya Celebrated?

There are several religious and spiritual reasons behind celebrating Chaitra Amavasya:

- **For the peace of ancestors** – Offering prayers and Tarpan helps in bringing peace to the souls of departed ancestors.
- **To remove negative energy** – Worship and charity on this day bring positivity into the home.
- **For a positive beginning of the new year** – Chaitra month marks the start of the Hindu New Year.



- **To gain spiritual merit** – Charity and good deeds performed on this day are believed to bring multiplied blessings.

What Should Be Done on Chaitra Amavasya?

Some special religious activities are considered auspicious on this day.

1. Holy Bath

Wake up early and take a bath in the Ganga, a river, or at home while remembering God.

2. Pitru Tarpan

Offer water, sesame seeds (til), and sacred grass (kush) for the peace of ancestors.

3. Charity (Daan)

Donating food, clothes, sesame seeds, jaggery, and grains to the needy is considered highly auspicious.

4. Worship of the Peepal Tree

Lighting a lamp under the Peepal tree and offering water is believed to bring spiritual benefits.

5. Worship of Lord Vishnu and Lord Shiva

Praying to Lord Vishnu and Lord Shiva on this day is believed to bring happiness and prosperity in life.

Puja Method for Chaitra Amavasya

The simple method of performing puja on Chaitra Amavasya is as follows:



1. Wake up early in the morning, take a bath, and wear clean clothes.
2. Remember and pray to **Lord Vishnu, Lord Shiva, and your ancestors**.
3. Offer Tarpan to ancestors using water and sesame seeds.
4. Light a lamp and perform prayers.
5. Donate food and essentials to the poor and needy.

Special Remedies on Chaitra Amavasya

Some special spiritual practices are believed to bring peace and prosperity.

- Light a mustard oil lamp under the **Peepal tree**.
- Donate **black sesame seeds and jaggery**.
- Feed cows, dogs, and birds.
- Light lamps at home to invite positive energy.

Spiritual Benefits of Chaitra Amavasya

Performing rituals with faith and devotion on Chaitra Amavasya is believed to provide several spiritual benefits:

- Relief from **Pitru Dosha**
- Mental peace and positive energy



- Prosperity and harmony in the family
- Opportunities for a fresh start in life

Chaitra Amavasya is considered a **highly sacred and important day in Hinduism**. Performing **holy bath, Pitru Tarpan, worship, and charity** on this day is believed to bring the blessings of ancestors and fill life with happiness, peace, and prosperity. Devotional acts performed with faith on this day are believed to guide a person's life toward positivity and spiritual growth.

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