Ancient Vedic Mantras and Rituals

Mithun Sankranti 2026: तिथि, महत्व, पूजा विधि, शुभ मुहूर्त और धार्मिक मान्यता | PDF

Sankranti holds special significance in Hinduism. When Lord Sun (Surya Dev) moves from one zodiac sign to another, that day is known as Sankranti. In 2026, Mithun Sankranti will be observed on **Monday, June 15**. On this day, the Sun will leave Taurus (Vrishabha Rashi) and enter Gemini (Mithun Rashi), marking the beginning of a new solar month.

Mithun Sankranti is considered highly auspicious for Sun worship, holy bathing, charity, and performing virtuous deeds. The festival is celebrated with different traditions across India. In Odisha, it is especially significant as it marks the beginning of the Raja Festival.

When is Mithun Sankranti 2026?

Details	Information
Festival	Mithun Sankranti
Date	June 15, 2026 (Monday)

Sun’s Entry into Gemini	Approximately 12:58 PM
Punya Kaal	12:59 PM to 7:20 PM
Maha Punya Kaal	12:59 PM to 3:19 PM

What is Mithun Sankranti?

According to Vedic astrology, Mithun Sankranti is celebrated when the Sun enters Gemini (Mithun Rashi). Gemini is ruled by Mercury (Budh), which symbolizes intelligence, communication, learning, and new beginnings.

A change in the Sun’s position is believed to bring a shift in cosmic energy. Therefore, religious activities performed on this day are believed to yield special spiritual benefits.

Religious Significance of Mithun Sankranti

1. A Special Day for Sun Worship

Mithun Sankranti is dedicated to Lord Surya. Offering water (Arghya) to the Sun and reciting the Aditya Hridaya Stotra on this day is believed to bring positivity, strength, and prosperity.

2. Importance of Charity and Good Deeds

Religious beliefs suggest that bathing, charity, meditation, chanting, and penance performed on this day provide manifold spiritual benefits. Donating food, clothes, water, fruits, and jaggery is considered especially auspicious.

3. Blessings of Ancestors

Offering Tarpan and remembering ancestors on Mithun Sankranti is believed to bring their blessings and ensure happiness and prosperity within the family.

4. Welcome to the Monsoon Season

This Sankranti also symbolizes the transition from summer to the rainy season. It is particularly important for farmers as it marks the beginning of preparations for agricultural activities.

Mithun Sankranti Puja Vidhi

Holy Morning Bath

- Wake up during Brahma Muhurta.
- Take a bath in a river, pond, or with water mixed with Ganga Jal at home.
- Wear clean and fresh clothes.

Offer Arghya to the Sun

- Fill a copper vessel with water.

- Add red flowers, rice grains (Akshat), and vermilion (Roli).
- Offer the water to the rising Sun.

Mantra Chanting

Chant the following mantra 108 times:

Om Ghrini Suryaya Namah

Donations

The following items are considered auspicious for donation:

- Wheat
- Jaggery
- Red clothes
- Copper utensils
- Water-filled earthen pot

What Should Be Done on Mithun Sankranti?

- Worship Lord Surya.
- Donate to the poor and needy.
- Feed green fodder to cows.
- Read and recite religious scriptures.

- Perform Tarpan for ancestors.
- Offer food to the underprivileged.

What Should Be Avoided on Mithun Sankranti?

- Avoid anger and arguments.
- Do not insult or disrespect anyone.
- Avoid consuming tamasic food.
- Stay away from intoxicants and bad habits.
- Do not neglect charity and good deeds.

Special Importance of Mithun Sankranti in Odisha

In Odisha, Mithun Sankranti marks the beginning of the Raja Festival. During this period, Mother Earth is honored and worshipped. Women and young girls enjoy swings, sing folk songs, and prepare traditional delicacies. The festival symbolizes respect for nature and feminine energy.

Benefits of Mithun Sankranti

- Blessings of Lord Surya.
- Increased confidence and vitality.
- Improved mental clarity and decision-making abilities.

- Peace and harmony within the family.
- Opportunities for financial growth and prosperity.
- Reduction in the effects of ancestral doshas (Pitru Dosha).

Mithun Sankranti 2026 will be celebrated on June 15. It is considered a highly auspicious occasion for Sun worship, holy bathing, charity, and virtuous activities. According to religious beliefs, sincere devotion and good deeds performed on this day bring happiness, prosperity, and positive energy into one's life. Worshipping Lord Surya and engaging in charitable acts are believed to yield special blessings and spiritual rewards.

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