



Ancient Vedic Mantras and Rituals





Shrimad Bhagavad Gita Chapter-3 Shalok-32 | श्रीमद् भगवद्गीता अध्याय तीन-श्लोक बत्तीस | PDF

Chapter 3 – Karma Yoga

Verse 32

Sanskrit Verse

Ye tv etad abhyasūyanto nānutiṣṭhanti me matam |
Sarva-jñāna-vimūḍhāns tān viddhi naṣṭhān achetasaḥ
॥32॥

Simple Meaning

Lord Krishna says:

But those who criticize My teachings and do not follow them are deluded in all forms of knowledge. Know such people to be spiritually ignorant, lacking true understanding, and heading toward self-destruction.

Detailed Explanation

Rejecting the Divine Teachings

In this verse, Lord Krishna warns about the consequences of ignoring or criticizing His divine instructions.



Those who refuse to follow the path of Karma Yoga because of pride, ego, or disbelief deprive themselves of spiritual wisdom. Merely possessing worldly knowledge cannot lead to true happiness if one rejects the eternal principles of Dharma.

By turning away from God's guidance, a person remains trapped in ignorance and confusion.

The Danger of Fault-Finding

The word “**Abhyasūyantaḥ**” refers to those who constantly criticize, doubt, or find faults in the Lord's teachings.

Such criticism often arises from arrogance, attachment, or misunderstanding rather than genuine inquiry.

A person who approaches spiritual knowledge with a closed mind cannot grasp its deeper truth, regardless of intelligence or education.

Humility and sincerity are essential for receiving divine wisdom.

Deluded Despite Knowledge

Lord Krishna describes such people as “**Sarva-jñāna-vimūḍhān**”, meaning they are bewildered despite possessing various kinds of knowledge.

They may excel in worldly learning, but without spiritual understanding, they fail to recognize the ultimate purpose of life.



True wisdom is not measured by information alone but by living according to eternal truth.

Without spiritual discrimination, knowledge remains incomplete.

Spiritually Lost

The phrase “**Naṣṭhān Achetasah**” means those whose discrimination and higher understanding have become lost.

Such individuals allow ego, selfish desires, and material attachments to dominate their thinking.

As a result, they continue performing actions that increase bondage instead of leading them toward liberation.

Ignoring divine guidance gradually distances a person from inner peace and spiritual progress.

Karma Yoga in Practice

Karma Yoga requires both understanding and obedience to divine principles.

One who sincerely follows Lord Krishna’s teachings performs duties with selflessness and devotion, while one who rejects these teachings remains bound by ego and attachment.

The difference lies not in the external action but in the inner attitude.



Faith and humility transform ordinary work into spiritual practice.

The Importance of Accepting Divine Wisdom

This verse emphasizes that spiritual progress depends on willingness to accept divine guidance.

Questioning with sincerity is encouraged, but rejecting spiritual truth out of pride leads only to confusion and suffering.

By following God's instructions with faith and humility, one develops wisdom, purity of heart, and freedom from karmic bondage.

Key Points

- Do not criticize or reject the Lord's teachings.
- Pride and ego prevent spiritual understanding.
- Worldly knowledge alone cannot give liberation.
- Humility is essential for receiving divine wisdom.
- Ignoring Dharma leads to confusion and karmic bondage.
- Faithful practice brings true knowledge and inner peace.
- Acceptance of God's guidance leads to spiritual progress.



Profound Spiritual Meaning

This verse teaches that the greatest obstacle to spiritual realization is not lack of intelligence but the refusal to accept divine truth.

A person may possess great worldly knowledge, yet if they reject God's teachings through pride and disbelief, they remain spiritually blind.

Real wisdom begins with humility, faith, and sincere practice of Dharma.

Only those who accept and live according to divine guidance can transcend ignorance, purify their actions, and attain liberation.

Word-by-Word Meaning

Ye – Those who

Tu – But

Etad – This

Abhyasūyantaḥ – Criticize, find fault with

Na Anutiṣṭhanti – Do not follow, do not practice

Me – My

Matam – Teaching, instruction



Sarva-jñāna – All knowledge

Vimūḍhān – Completely deluded

Tān – Them

Viddhi – Know

Naṣṭhātān – Ruined, spiritually lost

Achetasaḥ – Without proper understanding or discrimination

Message of the Verse

Lord Krishna teaches that those who reject or criticize His divine teachings and refuse to practice them remain deluded despite possessing worldly knowledge. Such individuals lose true spiritual understanding and remain bound by ignorance and karma. By accepting God's guidance with humility, faith, and sincerity, one develops true wisdom, inner peace, and progresses toward liberation. This verse reminds us that genuine knowledge is revealed through faithful practice, not merely intellectual learning.



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